Workout todo list

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• Individual Projectt

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• Project description. This help will allow users to navigate through list of workout types and click those types to discover the different workout options available.

• Preliminary screen design.

A picture containing graphical user interface

Description automatically generatedA picture containing graphical user interface

Description automatically generatedGraphical user interface, application, Word

Description automatically generatedA picture containing text, screenshot, appliance, kitchen appliance

Description automatically generated

• API features used. What API features will be used in this project? Your app must

include at least two API features covered in lectures in week 9 and 10, including

▪ I wanted to use api to load images. I am using tab bar controller and connecting it with navigation controller to view list of tables. I am using segue connection to view the detail screen in new controller. I also have another screen for listing current workout level. Last page is for goals and motivation for user. An image page to refer to compare their progress.